Raphah Pallel Modified Raindrop Technique uses Therapeutic Grade essential oils which naturally stimulates the body to begin releasing toxins **– drink plenty of water** (body weight √ in half = oz. of daily water rec.) for the next 24 hours.

Client copy…. Information only

DLC will not use Oregano, Thyme or Basil oils undiluted. V-6 oil will be used to protect the skin to prevent skin irritation.

DLC will not use wintergreen if client is taking anticoagulant (blood thinning) substances.

Caution will be taken if client is pregnant or nursing – Basil oil will not be used topically (this includes any blends containing basil).

If client has MS a cold towel compress will be used instead of a hot one.

Emotional release may occur; client may experience depression or elation, increased energy or fatigue. Be aware of your body’s response after your treatment; talk to a trusted friend to work through any unpleasant feelings, memories, or emotions, or to share how wonderful you feel afterwards. DLC would appreciate your feedback within 48 hours after your treatment to discuss your experience!

Subsequent Raindrop treatment may be recommended in order to assist the body in normalizing muscle tone, assisting in the detoxification process, or maintaining wellness.

Suggested treatment frequency:

\_\_\_ Once a week

\_\_\_Twice a month

\_\_\_Once a month

\_\_\_Once every 3 \_\_\_\_ or 6 months

\_\_\_Upon Client Request

Your next appointment is scheduled for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at\_\_\_\_\_\_\_

**Raphah Pallel Modified Raindrop**

The technique is a therapy based on traditional massage therapies which have been perfected by Gary young, founder of Young Living. The oils that are used help the body dispose of toxins and viruses within the spine helping its structure return to normal. It can be used as a tool to provide a healthy balance to the body. Essential oils also stimulate the nerves and the healthy re-growth of tissue.

Client copy…. Information only

**\*Valor - balances energies to instill courage, and confidence. It helps the body self-correct its balance and alignment. Its nickname is “a chiropractor in a bottle”. (substitution- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_which\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)**

 **\*Oregano – anti-inflammatory, anti-viral, anti-bacterial, immune stimulant**

**\*Thyme – highly anti-microbial, antifungal, antiviral, anti-parasitic**

**\*Basil - combats muscle spasms and inflammation, is relaxing to both striated and smooth muscle. (substitution- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)**

**\*Cypress – improves circulation, strengthens blood capillaries, anti-infectious, anti-spasmodic (substitution- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)**

**\*Wintergreen – anti-coagulant, anti-inflammatory, analgesic/anesthetic reduces blood pressure and all types of pain, anti-spasmodic (substitution- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)**

**\*Marjoram – helps regenerate smooth muscle tissue and assists in relieving spasms, sprains, migraines, and calming the nerves (substitution- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)**

 **\*Aroma Seiz (or Sacred Mountain may be substituted) – a blend of anti-inflammatory, muscle relaxing oils which promote circulation, and ease tight, spasmed, inflamed, aching muscles resulting from injury, fatigue or stress. Also relieves headaches. (substitution- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)**

 **\*Peppermint – powerfully pain blocking, anti-inflammatory, antispasmodic, analgesic effect**

**(substitution- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)**

*\*These statements have not been evaluated by the FDA. These products have not intended to diagnose, treat, cure or prevent any disease.*